

EWIGE RANGLISTEN BANKDRÜCKEN, ALLGEMEINE KLASSEN

STAND: 13.09.2020

TOP 10 - DAMEN – Klasse -47 kg

| Name | Jg | Verein | BD | Jahr |
|----------------------|----|-------------------------|-------|------|
| SCHWENGL Ilka | 65 | Power-Point Kraftsport | 110,0 | 2012 |
| STEINER Beate | 70 | PSV Salzburg | 60,0 | 2013 |
| KIRCHGATTERER Sabine | 80 | ASKÖ Vöcklabruck | 55,0 | 2016 |
| REICH Dakota | 98 | Juniors Gym Imst | 52,5 | 2014 |
| ANTAL Sabrina | 89 | KSV Dozer Power Wien | 52,5 | 2015 |
| REICH Cheyenne | 98 | Juniors Gym Imst | 52,5 | 2015 |
| ANTAL Sabrina | 89 | KSV Dozer Power Wien | 45,0 | 2014 |
| MÜLLER Nicole | 94 | Gitti City Stockerau | 40,0 | 2012 |
| LEKIC Catherine | 82 | KSV Goliath Floridsdorf | 37,5 | 2015 |
| EDTBAUER Lena | 88 | PSV Salzburg | 32,5 | 2016 |

TOP 10 - HERREN – Klasse -59 kg

| Name | Jg | Verein | BD | Jahr |
|---------------------|----|-------------------------|-------|------|
| FRASL Andreas, Ing. | 83 | Gitti City Stockerau | 150,0 | 2011 |
| MATHES Gerhard | 71 | KSC Walkersdorf | 135,0 | 2014 |
| EISELE Christoph | 98 | Gentlemen's Agreement | 125,0 | 2017 |
| BINDER Markus | 99 | Union Almtaler KSV | 112,5 | 2015 |
| BÖCK Michael | 91 | Body Active Wien | 102,5 | 2013 |
| SCHWEINBERGER Eric | 95 | KSV Tennengau | 100,0 | 2013 |
| REITINGER Christof | 80 | AK Bodyform Salzburg | 100,0 | 2018 |
| STRASSER Stefan | 96 | Union Almtaler KSV | 97,5 | 2014 |
| WEINZIERL Andreas | 91 | ASK Nettingsdorf | 95,0 | 2012 |
| SIEBERER Stefan | 96 | KSV Champions Innsbruck | 95,0 | 2016 |

TOP 10 - DAMEN – Klasse -52 kg

| Name | Jg | Verein | BD | Jahr |
|--------------------------|----|-------------------------|------|------|
| BRAUN Marion | 72 | SV Magistrat Linz | 85,0 | 2011 |
| SCHWENGL-FORSTHUBER Ilka | 65 | Gentlemens Agreement | 85,0 | 2014 |
| KAINLEINSBERGER Marina | 90 | PSV Salzburg | 80,0 | 2011 |
| BICHLER Sarah | 93 | PSV Salzburg | 72,5 | 2013 |
| SABATHY Marlene | 93 | AC Vorwärts Graz | 70,0 | 2013 |
| BAUER Renate | 55 | KSV Goliath Floridsdorf | 65,0 | 2011 |
| STEINER Beate | 70 | PSV Salzburg | 62,5 | 2015 |
| REICH Cheyenne | 98 | Juniors Gym Imst | 62,5 | 2015 |
| REICH Dakota | 98 | Juniors Gym Imst | 60,0 | 2014 |
| AL WAZZAN Bianca | 86 | PSV Salzburg | 52,5 | 2017 |

TOP 10 - HERREN – Klasse -66 kg

| Name | Jg | Verein | BD | Jahr |
|----------------------|----|---------------------------------|-------|------|
| FRASL Andreas, Ing. | 83 | Gitti City Stockerau | 222,5 | 2018 |
| WEISSENBACHER Oliver | 86 | Gitti City Stockerau | 163,5 | 2015 |
| EBERHÖFER Chris | 80 | TS Kennelbach | 162,5 | 2012 |
| GLIEBE Nikolas | 87 | TS Kennelbach | 157,5 | 2019 |
| MUIGG Peter | 58 | KSV Teppichparadies Muigg | 145,5 | 2013 |
| EICHMAIR Thoralf | 79 | FC Malibu | 145,0 | 2011 |
| ZAUNER Richard | 80 | Power Gym Mieming | 145,0 | 2012 |
| EISELE Christoph | 98 | Gentlemen's Agreement Innsbruck | 142,5 | 2019 |
| WERATSCHNIG André | 93 | Juniors Gym Imst | 140,0 | 2016 |
| RATHAMMER Edwin | 96 | SK Loosdorf | 135,0 | 2014 |

TOP 10 - DAMEN – Klasse -57 kg

| Name | Jg | Verein | BD | Jahr |
|------------------------|----|---------------------------|-------|------|
| KAINLEINSBERGER Marina | 90 | PSV Salzburg | 110,0 | 2014 |
| SABATHY Marlene | 96 | KSV Graz | 95,0 | 2019 |
| ENZINGER Sieglinde | 66 | PSV Salzburg | 90,0 | 2011 |
| REGENSBERGER Carina | 82 | SV Reutte/ Kraftsport | 87,5 | 2020 |
| REICH Cheyenne | 98 | Juniors Gym Imst | 70,5 | 2016 |
| KEIML Elisabeth | 59 | Gitti City Stockerau | 70,0 | 2011 |
| REICH Dakota | 98 | Juniors Gym Imst | 67,5 | 2016 |
| TANZER Magdalena | 79 | KSV Herkules Leopoldstadt | 67,5 | 2017 |
| SARI Chiara | 98 | Juniors Gym Imst | 60,0 | 2020 |
| LINDENTHAL Katja | 91 | KSV Graz | 57,5 | 2014 |

TOP 10 - HERREN – Klasse -74 kg

| Name | Jg | Verein | BD | Jahr |
|-----------------------|----|-------------------------|-------|------|
| KONDOV Krasimir | 84 | KSV Goliath Floridsdorf | 220,0 | 2018 |
| BASCHNEGGER Christian | 86 | TS Kennelbach | 210,0 | 2011 |
| FRASL Andreas, Ing. | 83 | Gitti City Stockerau | 210,0 | 2017 |
| ZEILINGER Andreas | 68 | KSC Polybau Donaupark | 205,0 | 2011 |
| TELEKI Thomas | 88 | KSV Pressbaum | 195,0 | 2015 |
| KRAUSHOFER Jürgen | 93 | SC Harland Holz Wallner | 192,5 | 2016 |
| SEIFRIEDSBERGER Mario | 88 | AC Wagharn | 190,5 | 2016 |
| LIEBMINGER Günter | 84 | ATUS Zeltweg | 190,0 | 2011 |
| EBERHÖFER Chris | 80 | TS Kennelbach | 187,5 | 2016 |
| STIGLBAUER Michael | 88 | AC Wagharn | 180,0 | 2017 |

TOP 10 - DAMEN – Klasse -63 kg

| Name | Jg | Verein | BD | Jahr |
|------------------------|----|--------------------------|-------|------|
| WIENROITHER Bianca | 84 | ASKÖ Vöcklabruck | 135,0 | 2018 |
| NAROVNIGG Claudia | 72 | ASK Nettingsdorf | 130,0 | 2015 |
| SCHLEPNIK Julia | 86 | PSV Salzburg | 115,0 | 2011 |
| VIEHAUSER Ruth | 88 | PSV Graz/ Kraftdreikampf | 100,5 | 2019 |
| KAINLEINSBERGER Marina | 90 | PSV Salzburg | 100,0 | 2013 |
| LIEBERS Mandy | 80 | FC Kirchberg | 97,5 | 2011 |
| KALS Carina | 96 | PSV Salzburg | 95,0 | 2019 |
| KEIML Elisabeth | 59 | Gitti City Stockerau | 85,5 | 2016 |
| ENZINGER Sieglinde | 66 | PSV Salzburg | 85,0 | 2012 |
| SCHMELZENBART Ariane | 90 | FC Malibu | 85,0 | 2013 |

TOP 10 - HERREN – Klasse -83 kg

| Name | Jg | Verein | BD | Jahr |
|-----------------------|----|----------------------------|-------|------|
| BASCHNEGGER Christian | 86 | PSV Salzburg | 255,0 | 2014 |
| HUBER Alexander | 90 | PSV Salzburg | 227,5 | 2013 |
| STIGLBAUER Andreas | 90 | AC Wagharn | 222,5 | 2017 |
| KRAUSHOFER Jürgen | 93 | SC Harland | 222,5 | 2019 |
| SCHMID Kevin | 00 | SV Reutte/ Kraftsport | 215,0 | 2020 |
| ZEILINGER Andreas | 68 | ASKÖ KSC Polybau | 210,0 | 2012 |
| SEIFRIEDSBERGER Mario | 88 | AC Wagharn | 200,0 | 2018 |
| TELEKI Thomas | 88 | KSV Pressbaum | 195,0 | 2011 |
| KEPPLER Matthias | 81 | PSV Graz/ Kraftdreikampf | 195,0 | 2019 |
| FERIAN Andreas | 94 | KSV Silz Powerlifting Team | 190,0 | 2012 |

TOP 10 - DAMEN – Klasse -72 kg

| Name | Jg | Verein | BD | Jahr |
|--------------------|----|-----------------------------|-------|------|
| NAROVNIGG Claudia | 72 | ASK Nettingsdorf | 140,0 | 2013 |
| WIENROITHER Bianca | 84 | Kraftsportverein Innviertel | 140,0 | 2016 |
| KAHNER Ines | 96 | ASKÖ Vöcklabruck | 125,0 | 2019 |
| SCHLEPNIK Julia | 86 | PSV Salzburg | 105,0 | 2011 |
| REICH Dakota | 98 | Juniors Gym Imst | 102,5 | 2018 |
| BAUMANN Ramona | 98 | PSV Graz | 100,0 | 2015 |
| CACIC Karoline | 76 | SV Reutte/ Kraftsport | 95,0 | 2020 |
| KANTYKA Marcelina | 87 | KSV Champions Innsbruck | 92,5 | 2020 |
| LICHTNECKER Lara | 92 | BORG Club Wiener Neustadt | 90,0 | 2017 |
| RISSLEGGER Melissa | 91 | AK Bodyform Salzburg | 85,0 | 2016 |

TOP 10 - HERREN – Klasse -93 kg

| Name | Jg | Verein | BD | Jahr |
|----------------------|----|-----------------------|-------|------|
| WETZSTEIN Thomas | 74 | Gitti City Stockerau | 270,0 | 2018 |
| HUBER Alexander | 90 | AK Bodyform Salzburg | 262,5 | 2017 |
| JANDOREK Andreas | 85 | TS Kennelbach | 260,0 | 2015 |
| WALDHUBER Uwe | 73 | ATUS Zeltweg | 245,0 | 2012 |
| HOFBAUER Christian | 85 | PSV Salzburg | 230,0 | 2013 |
| KLOTZ Christian, Dr. | 77 | Gentlemens Agreement | 222,5 | 2017 |
| ROTHENSTEINER Josef | 76 | Union Pressbaum | 220,0 | 2012 |
| GALLWITZ Michael | 68 | SV Reutte/ Kraftsport | 215,0 | 2014 |
| LÜFTINGER Peter | 72 | Union Almtaler KSV | 210,0 | 2011 |
| APOPEI Christian | 85 | ATUS Zeltweg | 210,0 | 2011 |

TOP 10 - DAMEN – Klasse -84 kg

| Name | Jg | Verein | BD | Jahr |
|------------------------|----|-----------------------------|-------|------|
| NAROVNIGG Claudia | 72 | ASK Nettingsdorf | 147,5 | 2012 |
| TICHY Alexandra | 90 | Gitti City Stockerau | 137,5 | 2015 |
| WIENROITHER Bianca | 84 | Kraftsportverein Innviertel | 125,0 | 2011 |
| BAUMANN Ramona | 98 | PSV Graz | 110,0 | 2015 |
| ČESKA Eva | 62 | AK Bodyform Salzburg | 107,5 | 2011 |
| BENTSCHITSCH Daniela | 65 | SV Reutte/ Kraftsport | 100,0 | 2014 |
| NAKHAIE Panthea | 90 | KSV Dozer Power Wien | 95,0 | 2017 |
| BRANDSTÖTTER Madeleine | 91 | KSV Champions Innsbruck | 95,0 | 2019 |
| HARTL Irina | 84 | ASK Nettingsdorf | 85,0 | 2015 |
| PALMIOTTO Francesca | 98 | KSV Champions Innsbruck | 82,5 | 2020 |

TOP 10 - HERREN – Klasse -105 kg

| Name | Jg | Verein | BD | Jahr |
|----------------------|----|------------------------------|-------|------|
| REGENSBERGER Marco | 79 | SV Reutte/ Kraftsport | 275,0 | 2019 |
| WETZSTEIN Thomas | 74 | Gitti City Stockerau | 270,0 | 2018 |
| GLÜCK Markus | 90 | AK Bodyform Salzburg | 267,5 | 2017 |
| JANDOREK Andreas | 85 | Turnerschaft Kennelbach/ KDK | 267,5 | 2019 |
| KLOTZ Christian, Dr. | 77 | GAP Innsbruck | 255,0 | 2019 |
| SCHREMS Michael, Dr. | 84 | KSV Goliath Floridsdorf | 245,0 | 2014 |
| SENN Christoph | 81 | Power Bunker Imst | 242,5 | 2014 |
| GALLWITZ Michael | 68 | SV Reutte/ Kraftsport | 240,5 | 2013 |
| SEEMANN Peter | 70 | ASK Nettingsdorf | 237,5 | 2015 |
| HUBER Alexander | 90 | PSV Salzburg | 235,0 | 2015 |

| TOP 10 - DAMEN – Klasse +84 kg | | | | |
|--------------------------------|----|--------------------------|-------|------|
| Name | Jg | Verein | BD | Jahr |
| TICHY Alexandra | 90 | Gitti City Stockerau | 140,0 | 2019 |
| BENTSCHITSCH Daniela | 65 | SV Reutte/Kraftsport | 100,0 | 2018 |
| GRABITZER Heidrun | 94 | Graz Giants Powerlifting | 90,0 | 2018 |
| RATH Franziska | 88 | Gitti City Stockerau | 85,0 | 2014 |
| HARTL Irina | 84 | ASK Nettingsdorf | 82,5 | 2014 |
| MAYRHOFER Gerda | 62 | PSV Salzburg | 75,0 | 2013 |
| UPHOFF Anett | 85 | SV Reutte/Kraftsport | 75,0 | 2017 |
| HARBICH Franziska | 92 | KSV Goliath Floridsdorf | 65,0 | 2014 |
| WIESINGER Marlene | 89 | KSV Kiesel Neufelden | 55,0 | 2014 |
| BALIKO Anna | 88 | FC Malibu Wien | 52,5 | 2016 |

| TOP 10 - HERREN – Klasse -120 kg | | | | |
|----------------------------------|----|------------------------------|-------|------|
| Name | Jg | Verein | BD | Jahr |
| REGENSBERGER Marco | 79 | SV Reutte/ Kraftsport | 315,0 | 2015 |
| KASPAREK Gernot | 75 | PSV Graz | 313,0 | 2018 |
| KARNER Markus | 70 | ASK Nettingsdorf | 297,5 | 2013 |
| GLÜCK Markus | 90 | AK Bodyform Salzburg | 295,0 | 2018 |
| PISCHINGER Michael | 78 | KSV Pressbaum | 280,0 | 2015 |
| SENN Christoph | 81 | Power Bunker Imst | 260,0 | 2014 |
| WACKERNELL Christian | 80 | KSV Strasswalchen | 250,0 | 2011 |
| SEEMANN Peter | 70 | ASK Nettingsdorf | 230,0 | 2011 |
| LEBERWURST Franz | 69 | KSC Wolkersdorf | 227,5 | 2014 |
| KUNZ Michael | 67 | ASKÖ KSC Parkettmeister Wien | 227,5 | 2018 |

| TOP 10 - HERREN – Klasse +120 kg | | | | |
|----------------------------------|----|------------------------------|-------|------|
| Name | Jg | Verein | BD | Jahr |
| WACKERNELL Christian | 80 | KSV Strasswalchen | 342,5 | 2014 |
| ENZINGER Ewald | 66 | PSV Salzburg/ Kraftdreikampf | 341,0 | 2012 |
| REGENSBERGER Marco | 79 | SV Reutte/ Kraftsport | 312,5 | 2016 |
| HOPF Mario | 84 | Union Almtaler KSV | 290,0 | 2019 |
| KASPAREK Gernot | 75 | PSV Graz | 287,5 | 2015 |
| PISCHINGER Michael | 78 | Union Preßbaum | 285,0 | 2015 |
| FERSTL Günther | 79 | AK Bodyform Salzburg | 267,5 | 2018 |
| POSCH Thomas, Ing. | 73 | Power Bunker Imst | 250,0 | 2012 |
| KEPPLINGER Richard | 81 | ASK Nettingsdorf | 240,0 | 2014 |
| WÜRFLINGER Christoph | 88 | PSV Salzburg/ Kraftdreikampf | 240,0 | 2017 |

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